

## Speakers



**Matt Hazledine**  
Founder of Lymphoedema United



**Catherine Seo**  
Founder & CEO - Lipedema Simplified LLC  
& Lipedema Project



**Claire Doole PhD**  
Importance of  
Self Care



**Dr Chris Lekich**  
Vascular Specialist and  
Lipoedema Trained Surgeon



**Desree De Spong**  
Founder/CEO of Medella  
Health Ltd



**Jacqui Beutel**  
Lymphoedema  
Therapist and  
Trainer



**Diane Lacey**  
Lymphoedema  
Therapist



**Claire Boyce**  
Cancer Rehab &  
Lymphoedema  
Therapist



**Mr Simon Chong**  
LVA Surgeon



**Fiona O'Brien**  
Patient Advocate



**Ann Angel**  
Co-Founder of RianCorp  
Pty Ltd

Speakers	Topic
Matt Hazledine	Founder of Lymphoedema United.
Dr Chris Lekich	1. Ultrasound in Assessing and Managing the Triad of Venous, Lymphatic, and Lipedema Disease 2. European Guidelines for Lipoedema Surgery
Catherine Seo, PhD	Lipoedema
Claire Doole PhD	1. Self-care is not care done alone 2. What is the process in a step-by-step way that those living with lymphoedema go through in order to successfully self-manage?
Bernie Te Moni-Withington and Neal Fraher for Medi-Rent	Understanding Therapeutic Electrostatic Oscillation Through Real-World Case Studies
Ann Angel	Research in the use of Laser for Treatment of Lymphoedema
Hayley Reynolds, University of Auckland	Lymphatics research at the University of Auckland using advanced imaging and computational modelling
Mr Simon Chong	1. The work of the ALA Equity Committee 2. Challenges of Setting up a Lymphoedema Surgery Service in NZ
Desiree De Spong	TBC
Claire Boyce	Lymphoedema Therapy for those with a delayed referral following radiotherapy involving the neck region, and the breast.
Diane Lacey	The Importance of Self Care in Getting the Best Results in Lymphoedema Management: Case Study
Jacqui Beutel	Safety in Compression Therapy
Fiona O'Brien	Patient Self-Care Workshops
Alison Cubit	Patient Experience of Lipoedema Surgery



## Event Schedule

### Thursday March 5th

	Magdalinos Room	Seminar Room
8am - 9am	Registration	
9-9.30am	Mihi Whakatau	
9.30 - 10am	Kai	
10am - 11am	Keynote Speaker - Matt Hazledine	
11.15 - 12.10	Dr Chris Lekich - Ultrasound in Assessing and Managing the Triad of Venous, Lymphatic, and Lipedema Disease	
12.15-1pm	U of Akl Lymphatics research at the University of Auckland using advanced imaging and computational modelling	
1pm- 2pm	Lunch / Exhibition	
2pm -2.45	Ann Angel - Laser in Lymphoedema Management	
2.50 - 3.20	Claire Doole - <ul style="list-style-type: none"><li>• Self-care is not care done alone</li><li>• What is the process in a step-by-step way that those living with lymphoedema go through in order to successfully self-manage?</li></ul>	Fiona O'Brien Patient Self Care Workshop
3.20-3.50	Afternoon Tea and Exhibition	
3.50-4.50	Bernie Te Moni-Withington and Neal Fraher from Medi-Rent to present case studies on new technology Therapeutic Electrostatic Oscillation	Fiona O'Brien Patient Self Care Workshop
5pm	End of Conference Day One	



## Friday March 6th

	Magdalinos Room	Seminar Room
8am - 9am	Networking / Coffee/Exhibition	
9-9.45am	Mr Simon Chong • The work of the ALA Equity Committee • Challenges of Setting up a Lymphoedema Surgery Service in NZ	Fiona O'Brien Lipoedema Self - Care Workshop
9.45 - 10.15	Claire Boyce • Lymphoedema Therapy for those with a delayed referral following radiotherapy involving the neck region, and the breast.	
10.15-10.45	Morning Tea	
10.45-11.45	Prof Catherine Seo and Dr Carmody	
11.45 - 12.15	Diane Lacey The Importance of Self Care in Getting the Best Results in Lymphoedema Management: Case Study	
12.15 - 1.15	Lunch / Exhibition	
1.15 - 2.15	Jacqui Beutel - Compression Therapy Demystified: Understanding Safety, Devices and Garments	
2.15-2.45	OPC Presentation - TBC	
2.45 - 3.35	Afternoon Tea and Exhibition	
3.50 - 4.10	Platinum Patient presentation	
4.10-4.40	Alison Cubit - Patient Experience Travelling Overseas for Lipoedema Surgery	
5pm	End of Conference Day Two - Bus leaves for the Wine tasting and meal at the Mission Estate Winery at 5.30	



## Saturday March 7th

	Magdalinos Room	Seminar Room
8am		Exhibitors Open
8.30am -9.30	Matt Hazledine - Patient Presentation	
9.40 - 10.10	Simon Chong - Understanding LVA surgery treatment for Lymphoedema	
10.15-10.45		Morning Tea and Exhibition
10.50 - 11.50	Dr Chris Lekich - European Guidelines for Lipoedema surgery	
11.50 -	Sponsors Presentation	
12-12.30		Fashion Show and Exhibition Time
12-12.30	Final Words from Conference Organiser and founder of The Lymph Info Trust - Amanda Bell	

Schedule may vary on the day